Safe Medication Disposal

Prescription medication plays an important role in treating certain conditions. Unused or expired medications should be properly disposed of to avoid harm. For example, pain medication (opioids) can be very effective for treating pain, but prolonged use or misuse can lead to addiction, accidental poisoning or overdose.

80%+
Of older adults (ages 57 to 85 years) use at least one prescription medication daily[1]

16 million
Americans aged 12 or older misuse prescriptions in a year[1]

62%
Of teens report misusing prescription medications because they can access them from their parent's medicine cabinets[1]

Proper disposal of unused medications saves lives.

SAC COUNTY

Safe Home Disposal

Medication disposal packets are available at your local pharmacy to support safe disposal of unused medications at home. Scan the QR codes for an instructional video.

Deterra ® Drug Deactivation System

1) Pour medication in Deterra ® pouch and fill 1/2 with water.
2) Wait 30 seconds, seal, shake and dispose in trash.

https://deterrasystem.com/resources/videos/ (Link)

Drop-Off Locations

You can safely dispose of unused or expired medications locally at one of the permanent drug disposal drop-off locations below.

+ **Sac County Courthouse**
  100 NW State St
  Sac City, IA 50583
  712-662-7127

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Source: "Prescription Drug Abuse Statistics." National Center for Drug Abuse Statistics, Jan 1, 2025. https://drugabusestatistics.org/prescription-drug-abuse-statistics/.