Safe Medication Disposal

Prescription medication plays an important role in treating certain conditions. Unused or expired medications should be properly disposed of to avoid harm. For example, pain medication (opioids) can be very effective for treating pain, but prolonged use or misuse can lead to addiction, accidental poisoning or overdose.

80%+
Of older adults (ages 57 to 85 years) use at least one prescription medication daily[1]

16 million
Americans aged 12 or older misuse prescriptions in a year[1]

62%
Of teens report misusing prescription medications because they can access them from their parent's medicine cabinets[1]

Proper disposal of unused medications saves lives.

POLK COUNTY

Safe Home Disposal

Medication disposal packets are available at your local pharmacy to support safe disposal of unused medications at home. Scan the QR code for an instructional video.

Deterra ® Drug Deactivation System

1) Pour medication in Deterra ® pouch and fill 1/2 with water.
2) Wait 30 seconds, seal, shake and dispose in trash.

https://deterrasystem.com/resources/videos/ (Link)

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Source: "Prescription Drug Abuse Statistics." National Center for Drug Abuse Statistics, Jan 1, 2025. https://drugabusestatistics.org/prescription-drug-abuse-statistics/.

Safe Medication Disposal

Polk County Drop-Off Locations

You can safely dispose of unused or expired medications locally at one of the permanent drug disposal drop-off locations below.

- **Altoona Police Department**
  700 1st Ave
  Altoona, IA 50009
  515-967-5132
- **Hy-Vee Pharmacy**
  108 8th St SW
  Altoona, IA 50009
  515-967-3765
- **Medicap Pharmacy – Altoona**
  950 28th Ave SW
  Altoona, IA 50009
  515-957-0001
- **Ankeny Medical Park Pharmacy**
  3625 N Ankeny Blvd
  Ankeny, IA 50023
  515-965-4680
- **CVS Pharmacy**
  104 E 1st St
  Ankeny, IA 50023
  515-963-7889
- **Hy-Vee Pharmacy #1022**
  410 N Ankeny Blvd
  Ankeny, IA 50021
  515-964-9494
- **Hy-Vee Pharmacy**
  2510 SW State St
  Ankeny, IA 50023
  515-233-5645
- **Medicap Pharmacy**
  107 NE Delaware Ave
  Ankeny, IA 50021
  515-964-8550
- **Walgreens**
  901 N Ankeny Blvd
  Ankeny, IA 50021
  515-964-3952
- **Walgreens**
  12753 University Ave
  Clive, IA 50325
  515-226-1786
- **Broadlawns Medical**
  801 Hickman Rd
  Des Moines, IA 50314
  515-282-2200
- **Cash Saver**
  1320 E Euclid Dr
  Des Moines, IA 50316
  515-265-4257
- **Cash Saver**
  4121 Fleur Dr
  Des Moines, IA 50321
  515-285-5481
- **CVS Pharmacy**
  2303 Merle Hay Rd
  Des Moines, IA 50310
  515-255-5233
- **Des Moines Police Department**
  25 E 1st St
  Des Moines, IA 50309
  515-283-4824
- **Hy-Vee Drugstore #7031**
  4100 University Ave
  Des Moines, IA 50311
  515-633-8603
- **Hy-Vee Pharmacy**
  1107 E Army Post Rd
  Des Moines, IA 50315
  515-287-1022
- **Hy-Vee Pharmacy**
  420 Court Ave
  Des Moines, IA 50309
  515-697-0362
- **Hy-Vee Pharmacy**
  2540 E Euclid Ave
  Des Moines, IA 50317
  515-262-2108
- **Hy-Vee Pharmacy**
  4605 Fleur Dr
  Des Moines, IA 50321
  515-285-7133
- **Hy-Vee Pharmacy**
  3221 SE 14th St
  Des Moines, IA 50320
  515-246-1390

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Source: "Prescription Drug Abuse Statistics." National Center for Drug Abuse Statistics, Jan 1, 2025. https://drugabusestatistics.org/prescription-drug-abuse-statistics/.

+ **Hy-Vee Pharmacy #1136**
3330 Martin Luther King Pkwy
Des Moines, IA 50310
515-255-6213

+ **Iowa Board of Pharmacy**
6200 Park Ave Suite 100
Des Moines, IA 50321
515-281-5944

+ **Iowa Methodist Medical Center Outpatient Pharmacy**
1200 Pleasant St
Des Moines, IA 50309
515-241-5936

+ **Medicap Pharmacy**
2804 Beaver Ave
Des Moines, IA 50310
515-277-3702

+ **Medicap Pharmacy**
2527 Easton Blvd
Des Moines, IA 50317
515-266-2694

+ **Medicap Pharmacy**
1300 E 14th St
Des Moines, IA 50316
515-263-1782

+ **MercyOne Medical Center Pharmacy**
1111 6th Ave
Des Moines, IA 50314
515-643-4429

+ **Polk County Sheriff's Office**
6023 NE 14th St
Des Moines, IA 50313
515-286-3800

+ **Walgreens**
4415 Douglas Ave
Des Moines, IA 50310
515-279-4739

+ **Walgreens**
104 E Euclid Ave
Des Moines, IA 50313
515-243-0601

+ **Walgreens**
2545 E Euclid Ave
Des Moines, IA 50317
515-266-3174

+ **Walgreens**
3140 SE 14th St
Des Moines, IA 50320
515-282-5295

+ **Walmart Pharmacy** 5101 SE 14th St
Des Moines, IA 50320
515-287-7748

+ **Hy-Vee Pharmacy #3008**
351 NE Gateway Dr Grimes, IA 50111
515-986-4527

+ **Medicap Pharmacy**
250 SE Gateway Dr
Grimes, IA 50111
515-986-0101

+ **SafeNetRx**
1500 SE 19th St. Ste. 530
Grimes, IA 50111
515-327-5405

+ **Hy-Vee Pharmacy #1318**
5750 Merle Hay Rd
Johnston, IA 50131
515-270-9045

+ **Hy-Vee Pharmacy #1530**
4815 Maple Dr
Pleasant Hill, IA 50327
515-262-7956

+ **NuCara Pharmacy**
4927 Maple Dr Pleasant Hill, IA 50327
515-264-1503

+ **Hy-Vee Pharmacy**
8701 Douglas Ave
Urbandale, IA 50322
515-270-2572

+ **Hy-Vee Drugstore #7082**
1010 60th St
West Des Moines, IA 50266
515-440-1481

+ **Hy-Vee Pharmacy**
1990 Grand Ave
West Des Moines, IA 50265
515-223-8506

+ **West Des Moines Police Department**
250 Mills Civic Pkwy
West Des Moines, IA 50265
515-222-3300

+ **Hy-Vee Pharmacy**
555 S 51st St
West Des Moines, IA 50265
515-225-1193

+ **Hy-Vee Pharmacy**
1700 Valley W Dr
West Des Moines, IA 50265
515-225-9330

+ **Hy-Vee Pharmacy #1895**
7101 University Ave
Windsor Heights, IA 50324
515-267-2800

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