

# ASPIRE+ to Reduce Readmissions Learning and Action Network Series

January - May 2022

## Overview

The ASPIRE+ Method is an evidence-based, locally adaptable method to improve outcomes for populations experiencing high rates of readmissions. In this intensive series, we will move quickly through core elements of the ASPIRE+ Method to help teams identify a subpopulation(s) that experience poor outcomes because of structural issues in the healthcare system and take specific, feasible, action-oriented steps forward to make improvement. This series will catalyze your equity work in 2022, laying a foundation for data-informed, root cause analysis-based work to enhance equity and value in healthcare delivery.

Use the Hashtag:

**#ASPIREtoReduceReadmissions**  
to help spread the word about this series!

## Target Audience

This webinar series is open to providers, quality and utilization review staff, care managers, patient navigators, health coaches, clinic care team, transition care staff, pharmacy and other readmission reduction hospital team members.

## Learning Objectives

- + Know your data
- + Understand root causes
- + Identify cross-continuum partners
- + Collaborate to test changes
- + Measure implementation to close gaps

## 5 Webinars | Register

[https://us06web.zoom.us/webinar/register/WN\\_lgOghC87TyeijUSk4E2Vwg](https://us06web.zoom.us/webinar/register/WN_lgOghC87TyeijUSk4E2Vwg) (Link)

Webinars are hosted on the first Friday of each month at 12:00 PM (CST). Dates are listed below.

- + January 7
- + February 4
- + March 4
- + April 1
- + May 6



## Speaker

### Dr. Amy Boutwell, MD, MPP

Amy Boutwell is the founder of Collaborative Healthcare Strategies. Dr. Boutwell is a nationally recognized thought leader in the field of reducing readmissions and improving care for high utilizers, advising statewide initiatives to reduce readmissions and improve care for high utilizers in several states as well as nationally. Dr. Boutwell was the co-designer of the Institute for Healthcare Improvement's State Action on Avoidable Rehospitalizations (STAAR) Initiative and subsequently the co-author of the Agency for Healthcare Research and Quality's "Hospital Guide to Reducing Medicaid Readmissions" (the "ASPIRE" Guide). Dr. Boutwell co-designed the New York State MAX program.

## 5 Coaching Calls | Register

<https://us06web.zoom.us/meeting/register/tZYsduisqDwsEtZCDHXdh9jePdh2pULj2hkb> (Link)

Coaching calls are hosted on the second Friday of each month at 12:00 PM (CST). Dates are listed below.

- + January 14
- + February 11
- + March 11
- + April 8
- + May 13



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